



*Breakwater Restaurant & Bar

203 Carteret Street, 843.379.0052 breakwatersc.com Chefs Lang and Shaw's version of 'New Southern Cuisine' contains the past, present, and future all at once. Beaufort's most upscale restaurant is younger, lighter, and fresher than traditional Southern 'Old School' deep-fried fare – while acknowledging culinary influences from the past. The popular Bar at Breakwater exudes a lively energy with a fun mix of locals and travelers alike. Huge wine list, including many by the glass. Walking distance. Parking. **Open Mon. – Sat., 5 p.m. – 9:30 p.m.; bar later. Reservations required.**



*Saltus River Grill

802 Bay Street, 843.379.3474 saltusrivergrill.com Beaufort's favorite waterfront bistro. Upscale, Contemporary Southern Cuisine at its best; with seafood, fresh fish exquisitely prepared, fine cut meats, full menu sushi bar, and large oyster selection. Indoor and outdoor seating on the award-winning Chambers Waterfront Park. Walking Distance. Parking. **Open daily, 4 p.m. – 10 p.m. Very popular – especially in high season – advance reservations strongly recommended.**



*Griffin Market

403 Carteret Street, 843.524.0240 www.griffinmarket.com Beaufort's newest eatery brings relaxed elegance and a taste of Italy's Piedmont region to the Lowcountry of S. C. Situated on Carteret Street in historic downtown, the restaurant features the culinary and wine expertise of Laura and Riccardo Bonino, who moved the restaurant to Beaufort from its original location in the Georgetown neighborhood of Washington D.C. in 2011. **Tues. – Sat., Lunch 11:30 a.m. – 2:30 p.m.; Dinner 5:30 p.m. – 9:30 p.m.; Sun., Dinner 5:30 p.m. – 9:30 p.m.**

"The food is glorious, and it is, by a long shot, the best Italian food ever served in South Carolina." – **Pat Conroy**



*Wren Bistro & Bar

210 Carteret Street, 843.524.9463 Wren is a hip neighborhood bistro and bar that boasts a relaxing, yet upscale environment. Wonderful salads and sandwiches, wine and beer. They are famous for their cranberry chicken salad with locally grown ingredients, unique micro brews and carefully selected wines. Lunch **Mon. – Sat. 11:00 a.m. – 3:00 p.m.**; Dinner **Mon. – Sat. 5:00 a.m. – 10:00 p.m.** wrenbistroandbar.com/



**Plum's

904 Bay Street, Beaufort, 843.525.1946 Casual, eclectic waterfront dining. serves local caught shrimp, beautiful view on the bay.

Has a lovely outside porch and patio if the weather is nice. Homemade soups; giant salads; gourmet sandwiches, burgers, and po' boys; pasta, seafood, and steak. Nightly specials; Oyster Bar; live music. Indoor

and outdoor seating on the Waterfront Park. Walking distance. Open daily, Lunch 11 a.m. – 5 p.m.; Dinner 5 – 10 p.m. plumsrestaurant.com



**Lowcountry Produce Market & Cafe

Restaurant/Market: 302 Carteret Street lowcountryproduce.com *"History here is alive and served fresh daily."*

Lowcountry Produce has resurrected a disappearing facet of American life: the seasonal rhythms of family food production and preservation. Canning and serving locally-grown, organic foods, this extremely popular local "secret" has been discovered and expanded to the stunningly renovated Old Beaufort City Hall building. Serving breakfast and lunch, with an astounding variety of food and gifts (the jarred pickles and fresh doughnuts are to die for). Walking distance; They have a full line of local harvested chutneys, jams, sweet pepper jelly etc. **Oprah picked their Sweetpotato Butter as one of her 6 favorite things.** Shop open 7 days, 8 a.m. – 7 p.m.; Breakfast Wed. – Sun. 8 a.m. – 11 a.m.; Lunch 7 days, 11:30 a.m. – 3:00 p.m.



****Palm & Moon Bagel Co.**

221 Scott Street, 843.379.9300 palmmoonbagels.com Wonderful selection of fresh bagels, coffees, baked goods, salads, soups, and Boar's Head premium meats and spreads. Bagels are baked fresh in our shop daily. The specialty sandwiches are sure to be a favorite! Wi-Fi. **Open Mon. – Fri., 7 a.m. – 3 p.m.; Sat. 7 a.m. – 2 p.m.; Sun. 8 a.m. – 2 p.m.**



****Gullah Grub**

“Gullah Style” Cooking

The Gullah people are African Americans who live in the Low Country region of South Carolina and Georgia. To understand the Gullah way of cooking, imagine growing up in a beautiful sun bathed island community where everyone farmed, fished and raised their own livestock in a natural, serene setting. Without access to mass transportation or expensive imports, families only ate local and in season.

Most foods are stewed, grilled or roasted, very little is fried. Free range chickens give fresh eggs and wholesome meat, grass fed goats give the tenderest of lean meat. Whole grains such as rice and cornbread balance out the nutritional profile of many meals.

877 Sea Island Parkway (Route. 21) St. Helena Island 29920

Restaurant Hours:

Monday & Tuesday 12:00 p.m. – 6:00p.m., Wednesday – Friday 12 p.m. – 7:30p.m.

Closed Saturday's, Sunday 11:30 a.m.- 4:30 p.m.

For Parties of six or more, special after hour reservations and catered events are available. For more information please call: 843-838-3841



L.T's Restaurant A Local Tradition

Speaking of local traditions, Tourists rarely find this place which is consistently one of the most popular restaurants for lunch with the locals. Each day **L.T (Larry Taylor)** features a Lowcountry special, on Wednesday it's his famous friend chicken and fried shrimp on Fridays is a favorite. His burgers are known as 'the best hangover food in town'. It's no frills eating at it's finest on Formica topped tables. Just good Lowcountry food. Next to Bud's and Blooms soon after you come over the swing bridge on the right.

L. T's

40 Sea Island Parkway

Beaufort, SC 29907 – [View Map](#)

Phone: [\(843\) 524-3122](tel:8435243122)

Open for lunch only. Friday is fried shrimp day.



Shrimp Shack

On St. Helena Island, just before Hunting Island Beach. Roadside, eat outside restaurant, famous for their shrimp burgers and slaw.

1925 Sea Island Pkwy St Hel



**Old Bull Tavern

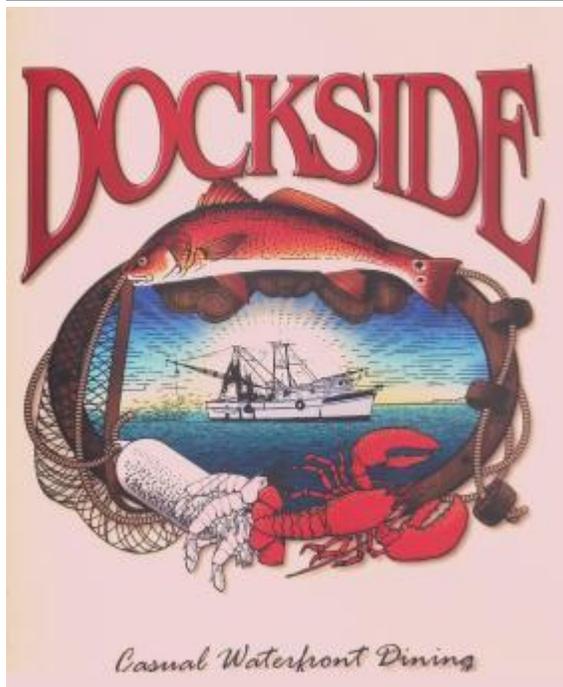
Friendly neighborhood Gastropub featuring an ever-changing market based menu of European comfort foods , innovative cocktails, and select craft beers and wines in bottle and on tap. [TheOldBullTavern](#)

Address: 205 West St, Beaufort, SC 29902

Phone: [\(843\) 379-2855](tel:(843)379-2855)

Open · 5:00 pm – 12:00 am

Menu: urbanspoon.com



11th Street Dockside

Great views, atmosphere, spectacular sunsets and wonderful food

11th Street Dockside

1699 11th Street West

Port Royal, SC 29935

Business Hours

Open Daily

4:30pm – 10:00pm

Overlooking Shrimp Docks on Port Royal Sound

Phone: 843-524-7433

